

Sandwich Basketball Team Rules:

Coaches expectations:

1. Give 100% effort every time you step on the court.
2. Be on time.
3. Be great teammates → help and encourage each other, **NO BICKERING**.
4. **WE** over ME
5. Represent the Sandwich community in a positive way.
6. Be respectful / Respect the game.
7. Everyone on the bench **MUST** stand and give high fives to whoever is coming off the floor.
8. Be coachable.

Team Rules/Expectations

1. No talking when a coach or teammate is talking (Eye contact/Listen).
2. **STUDENT**-Athlete.
3. Obey Sandwich HS policies.
4. Accept your role and be the best you can at it.
5. Focus on **TEAM** goals. Individual goals will come.
6. All players will display positive body language despite what happens in games/practices.
7. The pace of how we play will pick up which means the pace in practices will pick up. Do not waste my time or your teammates time. Sprint to positions in practice.
8. Communication! If you will be missing or will be late to a practice/game/meeting Ect. Please let your coach know ASAP (At least 24 hours before if possible).
9. Leave places better than when we arrived.
10. All players will ride the bus to and from games: Unless a parent tells the coach and AD (Mr.Gipe) it is ok for you to go home with them.
11. Be a role model on and off the court for the community.

Playing Time:

1. Playing time is a privilege, Not a right.
2. Based on practice, attendance, execution, trust, work ethic, attitude, skill level and communication.

Communication Hierarchy:

1. Player meets with coach
2. Player and guardian meet with coach
3. Player, guardian, coach and AD meet
4. No talking to coaches on game days. Parents are not allowed to speak with coaches about playing time on game day. Those conversations need to wait at least 24 hours after the completion of the game. Emotions are too high the day of games and these issues can be handled much more effectively at a different time.

Shoes:

- Preferably shoes with either the colors Black, Orange and White.

Contact Information:

Varsity:

Kevin Kozan - Head Coach

- kkozan@sandwich430.org

Sophomores:

Mark Guilinger - Head Coach

- mguilinger@sandwich430.org

Freshman:

Stan Guilinger - Head Coach

- sguilinger@sandwich430.org

2023/2024 Away Game Policies:

During the basketball season, riding the bus to away games will be mandatory for all players playing that day. In an effort to create a family atmosphere in the program, we encourage all players to support other levels and attend all of the home games. It is strongly suggested that all players sit and cheer on the other levels in a positive and respectful manner. If it is a school night, players are asked to stay for varsity games until at LEAST half time. If there is no school the next day, players are asked to stay for the entire varsity game.

At the conclusion of all away games, 1 team bus will be provided to take the players and coaches back to school. As a staff, we are very concerned with the safety and transportation of our players. With that being said, only the guardians of that player are allowed to take them home UNLESS you inform Mr. Gipe at least 24 hours in advance to the game if someone else is taking their child home.

Player Name: _____

Parent/Guardian Signature: _____